

## SNAP

### Slide 1

The Supplemental Nutrition Assistance Program or SNAP, is a safety net program designed to help you during your transition.

### Slide 2

SNAP recipients use the Electronic Benefit Transfer system or EBT; which is designed to work like a debit card for you when you purchase food in authorized retail stores and Farmer's Markets.

This eliminates the need for paper food stamp coupons and lets you check balances and review recent purchases on the interactive voice hotline (1-866-850-1556) .

### Slide 3

Along with providing benefits to purchase food for low income families and individuals, Snap also offers you nutritional information and educational opportunities to help you and your family develop skills and behaviors that lead to a healthy lifestyle.

Some of the education topics include, managing and budgeting food resources, low cost food preparation and meal planning.

### Slide 4

To qualify for SNAP Benefits, you must define your "household". Which are husbands, wives and children under the age of 22 living natural, adoptive or stepparents. That means identifying everyone who lives in your home including children under the age of 22, either natural born or adopted.

Your household members must be US citizens or legal aliens.

All household members must furnish or have applied for a social security number.

You must meet the resource and income guidelines listed on the following page.

Also, all members of your household ages 16 through 59 must register for work and may be required to participate in a SNAP Employment and Training program unless they qualify for an exemption.

### Slide 5

As you can see from the SNAP Income Limits chart, you must meet the requirements in order to be eligible. For example if you have 4 people in your household with a gross monthly income of \$3,401 your family would receive \$1,838 in SNAP benefits.

### Slide 6

To apply for SNAP benefits or to get more information on the program, you can click on the link below or contact your local Office of Public Assistance.