

Healthy Montana Kids

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Healthy Montana Kids (HMK) is a free or low-cost health coverage plan.

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The plan provides health coverage to your eligible children and teenagers up to age 19. Your child can qualify for HMK based on your family size and income.

You may have to share the cost your children's health care by paying a small co-payment when care is received.

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Applications for HMK are available in all Montana communities. Locations include county Offices of Public Assistance, health departments, health care facilities, WIC offices, Head Start facilities, Indian Health Services, and many more in your community.

You can also log onto hmk.mt.gov to receive an application.

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As you can see from the chart, eligibility requirements for the HMK Program are as follows:

- Children must be 19 or younger
- You must be a Montana resident
- You must be a US citizens or qualified alien
- Depending on your income, children must be uninsured for three months (some exceptions apply)
- Depending on your family's income, the child's parent or step-parent may not be employed by the State of Montana or the Montana University system

Your household meets income guidelines for household size.

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The HMK Income chart is based on Federal guidelines that are adjusted every year.

This is an accurate eligibility guide effective as of October 1, 2009. For example: a family of 3, their income as a household must not exceed \$45,775.

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The services covered in the Healthy Montana Kids Plan include:

- Office and clinic visits
- Emergency services
- Hospital services
- Sports or employment physicals
- Anesthesia services
- Surgical services
- Well-child checkups
- Prescription drugs
- Laboratory and X-ray services
- Mental health services
- Substance abuse services
- Dental services
- Vision exams and eyeglasses
- Hearing exams/hearing aids
-and more

Plus, there are no pre-existing condition limitations.

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For more information on Healthy Montana Kids and other health care programs, you can call the Family Health Line at 1-877-KidsNow (877)-543-7669 or click on the website listed on your screen.